

CORTEX PAIN MEDICINE FELLOWSHIP PROGRAMME 2024-25

APPLICATION FOR CORTEX PAIN MEDICINE FELLOWSHIP PROGRAMME

As a leading global academic community for innovative education in pain management, regenerative medicine and spine care, **CORTEX SPINE AND PAIN CARE** not only organizes courses and forums suited for different participants, but also supports many of our applicants for observational and hands on fellowship.

Cortex spine and pain care fellowship provide the following benefits:

- Additional experience in techniques for fully trained specialists interested in pain management
- Exposure to good number of chronic pain patients
- Additional clinical experience and hands on experience for fellows
- Obtain a fellowship certification in pain medicine upon completion of fellowship program

Fellowship Types

Duration	Fees for Indian Students	Fees for International Students
3 months fellowship	INR 100,000*	USD 1500*
1 year fellowship	INR 300,000*	USD 4500*
Flexible fellowship	Please Contact us for details	

*Excluding 18% GST Tax

Fellowship selection Criteria

1. Proof of being a Medical Doctor and an anaesthetist or physical medicine rehabilitation specialist, etc
2. A CV including: - Proof of training - Proof of interest in Pain management.
3. Two current reference letters.

4. Have some previous experience on pain management.
5. Copy of valid practicing license.

During the Fellowship

The fellow must agree and follow Cortex Fellowship Pain Management Standardized Program. The fellow is expected to follow the daily routine of the clinic

Temporary leave of absence needs approval from the head of the clinic.

If, for some reasons, the fellow wishes to change the placement or leave prior to completion of the allotted period, permission must be sought from the head of the clinic.

- Fellows will have to actively participate in all camps conducted by Alleviate. Fellows are expected to co-ordinate with PR team to plan a camp. Further they should take charge & with help of faculty should be able to take thorough history/clinical examination/diagnostic ultrasound/ prescribe medicines whenever necessary.

Curriculum

Education

- Anatomy
- Introduction to pain medicine
- Assessment of pain
- History taking and examination
- Pharmacotherapy
- Fluoroscopy - demonstration on mannequin and practice
- Ultrasound - Basics, knobology, scanning techniques, sonoanatomy, sonopathology, demonstration of techniques and practice
- Head and neck - anatomy , pain pathologies, interventions- theory, procedure and mannequin practice
- Spine - Cervical, thoracic, Lumbar, Sacral- [anatomy , pain pathologies, interventions- theory, procedure and mannequin practice]
- Musculoskeletal [Shoulder, knee, hip, ankle joints] - [anatomy , pain pathologies, interventions- theory, procedure and mannequin practice]
- Physiotherapy and rehabilitation
- Palliative care and end of life care
- Sports injuries

Additional educational activities

Lectures

The fellows have ample time allotted to didactic sessions of Pain Medicine lectures which include weekly twice teaching sessions from 8:00am to 9:00 AM room. Active trainee participation is expected.

Journal club

every 2 weeks (Tuesday's 5pm to 6pm).

Journal club helps to interpret medical literature. A review of a mix of influential papers and newer literature offers a comprehensive background of evidence-based clinical practice and knowledge of pain mechanisms.

Interesting case presentation by fellow

every 2 weeks (saturday's 5pm to 6pm)

Monthly multidisciplinary case discussions

(Saturdays 5pm to 6pm).

Post Fellowship

At the end of completion of fellowship, the fellow has to submit the following document:

- Fellowship Feedback Form
- Fellowship Logbook
- Fellowship Report (About 500 words with 4 – 5 photos)
- Research Report (publication)
- After completion of the fellowship, the candidate will assessed based on their performance on the exit exam (theory and practical examination).
- Each fellow will receive the fellowship certificate from Alleviate Pain Management Centre upon completion.

Faculty

- Dr Nishad PK ,MBBS,MD (Anesthesiology),DNB,MNAMs,PDCC (Pain management),FIPP,CIPS (WIP,USA),FIAPM
- Dr.Najwa Abdulla PT, MBBS,DNB (Anesthesiology),FIAPM,FIPP (WIP,USA)

CORTEX PAIN MEDICINE FELLOWSHIP APPLICATION FORM (2024-25)

Name:

Last _____ **First** _____ **Middle** _____

Date of Birth (DD/MM/YY) _____

Qualifications _____

Address _____



City _____ **State** _____

ZIP _____ **Country** _____

Phone _____ **Email** _____

Citizenship _____

Current Hospital/Institution _____

Designation _____ **Date of joining** _____

City _____ **State** _____

ZIP _____ **Country** _____

MEDICAL TRAINING & EDUCATION

Residency 1:

Hospital Name _____

City _____ **State** _____

Country _____ **Specialty Dates (M/Y-M/Y)** _____

Residency 2:

Hospital Name _____

City _____ **State** _____

Country _____ **Specialty Dates (M/Y-M/Y)** _____

Honours/Awards

Internship:

Hospital Name _____

City _____ State _____

Country _____ Dates (M/Y-M/Y) _____

Honours/Awards

Undergraduation:

Institution Name _____

City _____ State _____

Country _____ Dates (M/Y-M/Y) _____

Honours/Awards

TYPE OF FELLOWSHIP (please tick one)

3 Months

1 Year

Flexible (please specify your preferred period) _____

INTERVIEW SCHEDULING (please select one)

The following general time period is most convenient for me:

From: _____ To: _____

I am able to schedule an interview on the following specific date(s):

Date: _____ Date: _____

I am not available for an interview.

I have read and I understand the instructions for completing this application. I certify that the information submitted in this application, and in supplemental documents, is complete and accurate

to the best of my knowledge. I understand that any false or missing information may disqualify me for this position.

Signature of Applicant_____ **Date**_____